Why is dress code important?

*It allows the instructor to see the alignment and positioning of a student.

*It teaches discipline, helping with focus and energy.

*It creates unity among the students. This unified look helps minimize distractions.

Balance School of Performing Arts 2024/2025 Season

This dress code is mandatory for participation in all classes.

ACRO

- <u>Long hair</u> is to be in a secure <u>bun</u>, <u>short hair</u> is to be off the face in a <u>ponytail</u>, extra short hair is to be half up or pinned off face.
- Bodysuits/Fitted tank tops (no loose shirts that can flip up if upside-down), stretchy fitted shorts, stretchy fitted pants. NO Jeans, NO skirts
- Bare feet

CREATIVE DANCE

- Barefoot and bare legs.
- Moveable clothing shorts and t-shirt, tank or bodysuit, small tutus and ballet skirts are permitted. No long dresses or jeans

JAZZ

- Hair in a secured ponytail, off of face.
 - Bodysuit, fitted jazz short, fitted tank tops permitted, tights optional, leggings permitted if stretchy enough
 - **5-11yrs** Black split sole leather slip on jazz shoes, preferably with no laces.
 - **Teen-** barefoot
 - Junior/ Inter comp- barefoot

TAP

Tap 5/6 Combo & Tap A

- Black lace up taps - clothing same as Jazz, hair back off face.

Tap B & Comp

- <u>So Danca</u> Black leather lace up(email studio for ordering info) -clothing same as jazz, hair in a secure ponytail/off of face.

HIP HOP

- CLEAN indoor runners- No boots
- Moveable, loose fit clothing no jeans, no skirts

MUSICAL THEATRE

- Clothing same as Jazz, black jazz shoes preferably no laces.
- Hair back in a secured ponytail, off of face.
- **-Teen & Junior/Inter comp** -barefoot or socks (footwear to be determined with costuming)

CONTEMPORARY

- Barefoot
- Clothing same as jazz, hair secured off of face.

BALLET

Primary

- No tights required.
- Hair is to be in a secured bun.
- Short sleeved pink, lilac or marine blue leotard, with pull-on chiffon pull skirt in matching color.
- Pink socks and pink leather ballet shoes with elastic.
- Ballet sweaters are permitted for the colder months.

Ballet 1 & 3

- Light pink ballet tights.
- Hair is to be in a secured clean bun.
- Lilac, marine blue, mulberry, lavender, navy tank or short sleeved bodysuit (no shorts)
- Fitted Canvas ballet shoes with elastic.

Ballet Comp Mini

- Light pink ballet tights.
- Hair is to be in a secured clean bun.
- Lilac, marine blue, mulberry, lavender, navy tank or short sleeved bodysuit (no shorts)
- Fitted Canvas shoes with elastic.

Ballet Comp Junior

- Light pink ballet tights
- Hair is to be in a secured clean bun
- Black bodysuit, wrap around skirt (no shorts)
- Fitted Canvas shoes with elastic

Ballet Comp Inter & Teen Ballet Combo

- Light pink ballet tights.
- Hair is to be in a secured clean bun.
- Bodysuit(no color preference), wrap around skirt (no shorts).
- Fitted Canvas shoes with elastic.